



**CARDIOVASCULAR
RESEARCH SOCIETY**



Contemporary GLP-1 Strategies in Metabolic Care



11 June 2026



19:25 - 21:35 hrs



Hotel Ceasar Palace, Kottayam





AGENDA

TIME (hrs)	TOPIC	SPEAKER
19:25 - 19:30	Welcome & Introduction	Dr Mohan Varughese
19:30 - 20:00	Innovator Semaglutide: A Unified Approach to Management of Diabetes, Obesity and Beyond (NN session)	Dr Jeevan Joseph
Real world revelations: Patient outcomes with GLP-1RAs		
20:00 - 20:10	Case 1: Long standing diabetes with high CV risk & established renal disease	Dr E T Arun Thomas
20:10 - 20:20	Panel discussion	Dr Malini Ajayan Dr Shamnad P
20:20 - 20:30	Case 2: T2D patients with metabolic dysfunction associated fatty liver disease (MAFLD)	Dr Ajeesh T
20:30 - 20:40	Panel discussion	Dr Antresa Jose Dr Johns T Johnson
20:40 - 20:50	Case 3: Early intervention for T2D patients	Dr Sreenath R
20:50 - 21:00	Panel discussion	Dr Anulekha Mary John Dr Jim Ounny John
Expert talk show		
21:00 - 21:30	Decoding Peptide Chemistry: A Clinician's Playbook for Ideal Patient Outcomes (Moderated by Mohan Varughese)	Dr Jeevan Joseph Dr E T Arun Thomas Dr Sreenath R Dr Ajeesh T
21:30 - 21:35	Summary & Closing remarks	Dr Mohan Varughese