



Cardiovascular Research Society



CVRS CARDIOLOGY UPTODATE 2024

— OCTOBER 5TH & 6TH, 2024 —

@ Hotel Le Méridien Kochi

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practice for Physicians & Family Doctors**



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CVRS CARDIOLOGY UPTODATE-2024

SCIENTIFIC PROGRAMME

DAY 1 October 5 Saturday : 2.30pm-8pm

THE NEW AMMUNITIONS IN THE ARSENAL : 02.30 PM – 03.00 PM (30 MTS)

Chairpersons: Dr. Jimmy George, Dr. Renjukumar B. C

Role of finerenone in CKD and T2D	Dr. Jabir Abdullakutty
Hyperkalemia and the importance of RAASi optimization	Dr. Suresh Davis

SESSION I: 3.00 PM - 4.00 PM (60 MTS) - HYPERTENSION

Chairpersons: Dr. Geetha Philips, Dr. Shajit Sadanand, Dr. Sreenivas Kamath

Moderator: Dr. Tiny Nair

Panelists:

Dr. Sajan Ahmad Z (Lead Discussant)

Dr. Saritha Sekhar, Dr. Shaveen E. V, Dr. Vijo George

Case based panel discussion (40 mins)
Chairpersons remarks + Audience interaction (5 mins)

Focused topic:

"I still use betablocker as first line antihypertensive"- (10 mins)	Dr. Tiny Nair
Chairpersons summing up + Audience comments (5 mins)	

4.00 PM - 4.15 PM (15 MTS) MEDGAMI QUIZ + TEA BREAK

SESSION II: 4.15 PM - 5.15 PM (60 MTS) - ATRIAL FIBRILLATION

Chairpersons: Dr. Saju Francis, Dr. Sunil Mathew, Dr. N. K Thulaseedharan

Moderator: Dr. Anandkumar V

Panelists:

Dr. James Thomas (Lead Discussant)

Dr. Gopakumar K. S, Dr. Manoj Ravi, Dr. Suresh Davis

Case based panel discussion (40 mins)
Chairpersons remarks + Audience interaction (5 mins)

Focused topic:

My choice of NOACS varies from patient to patient (10 mins)	Dr. Deepak Davidson
Chairpersons summing up + Audience comments (5 mins)	

SESSION III: 5.20 PM – 5.40 PM (20 MTS) - ECG UPTODATE

Normal ECG variants in day to day practice (15 Mins)	Dr. Praveen S
Audience interaction & Medgami quiz (5 Mins)	

SESSION IV: 5.45 PM – 6.55 PM (70 MTS) - HEART FAILURE

Chairpersons: Dr. Geo Paul, Dr. Legha R, Dr. Radha T. R

Moderator: Dr. Jayagopal P. B

Panelists:

Dr. Praveen G. K (Lead Discussant)

Dr. Krishnakumar A, Dr. Kiran Jacob, Dr. Teffy Jose

Case based panel discussion (40 mins)
Chairpersons remarks + Audience interaction (5 mins)

Focused topic

How to initiate and titrate heart failure drugs? (10 mins)	Dr. Harikrishnan S
Indian HF profile wheel (10 mins)	Dr. Jayagopal P. B
Chairpersons remarks + Audience interaction (5 mins)	

SESSION V: 6.55 PM - 7.10 PM (15 MTS)

Tachyarrhythmia in casualty-quick diagnosis (10 mins)	Dr. Jimmy George
Audience interaction and Medgami quiz (5 mins)	

SESSION VI: 7.15 PM – 8.00 PM (45 MTS) - CPC

Chairpersons: Dr. S. Harikrishnan, Dr. M. N Krishnan, Dr. Cibu Mathew

An interesting case of Dyspnea	Dr. M. N Krishnan
Case discussion & Comments	Dr. Sudhayakumar N
Audience Interaction & Chair persons remarks (5 Mins)	

8.00 PM GALA DINNER

BREAKFAST SCIENCE 08.15 AM- 09.00 AM (45 MTS)

Use the ARNi in HF- shed the inertia	Dr. Jabir Abdullakutty
Exploring the cardiometabolic horizon: Holistic management with GLP-1 RAs	Dr. Anandkumar V
Inclisiran the first LDL-C lowering SiRNA therapy	Dr. K. U Natarajan

SESSION I: 9.00 AM – 10.00 AM (60 MTS) – CORONARY ARTERY DISEASE

Chairpersons: Dr. Jilse George, Dr. Nazimudheen, Dr. Renny Issac

Moderator: Dr. Sajy Kuruttukulam

Panelists:

Dr. Jo Joseph (Lead Discussant)

Dr. Deepak Nandan, Dr. Ramya Das, Dr. Sandeep R

Case based panel discussion (40 mins)
Chairpersons remarks + Audience interaction (5 mins)

Focused topic:

Should DAPT be deescalated during follow up? (10 mins)	Dr. Saji Subramanian
Chairpersons remarks + Audience interaction(5 mins)	

SESSION II: 10.05 AM - 10.25 AM - ECG UPTODATE (20 MTS)

Unusual ECG patterns in MI (15 mins)	Dr. Sajan Ahmad Z
Audience interaction& Medgami Quiz (5 mins)	

10.25 AM - 10.40 AM TEA BREAK

SESSION III: 10.40 AM – 11.40 AM (60 MTS) - PREVENT CVD

Chairpersons: Dr. Abraham Ittyachen, Dr. S. Narayanan Potty, Dr. M. G. K. Pillai

Moderator: Dr. Geevar Zachariah

Panelists:

Dr. Anil Balachandran, Dr. P. P Mohanan, Dr. K. Venugopal, Dr. Manikandan T. V

ABCs of a healthy heart (40 mins)
Chairpersons remarks + Audience interaction (5 mins)

Focused topic

Dyslipdemia- Statins & Beyond (10 mins)	Dr. Rajesh Muralidharan
Chairpersons remarks + Audience interaction(5 mins)	

SESSION IV: 11.40 AM - 11.55 AM - INAUGURATION

SESSION IV: 12.00 PM – 1.10 PM (70 MTS) – DILEMMAS IN DAILY PRACTICE
(Each talk 10 Mins) (Discussion 4 mins)

Chairpersons: Dr. Deepu George, Dr. Karthik Balachandran, Dr. T. Prasanna Kumar

Moderator: Dr. Jabir Abdullakutty

Expert Panelists : Dr. Manikandan T.V, Dr. G. Rajesh, Dr. Ullas C. S

No	Scenario	Speaker
1	CAD patient on antiplatelets coming with dengue fever and falling platelet counts-how to manage?	Dr. Anil Balachandran
2	Renal failure and worsening Dyspnoea due to cardiac failure- how to manage?	Dr. Jo Joseph
3	40-year-old female with strong family history of CAD coming with atypical chest pain- how to evaluate?	Dr. Praveen G. K
4	Patient with previous CVA recovered, having AF on NOAC now presenting with weakness of right half of body- how to proceed?	Dr. James Thomas
5	COPD patient undergone TKR having sudden worsening of dyspnoea- how to make a correct diagnosis?	Dr. Abhilash T. G

SESSION V: 01.15 PM - 01.45 PM (30 MTS) - DEBATE

Chairpersons: Dr. Francy Louis, Dr. George Paulose, Dr. Sadakkathulla

Mandatory OHA in diabetic patient with previous MI	
My first choice is SGLT2 inhibitor (10 mins)	Dr. Cibi Issac
My first choice is GLP1 Agonist (10 mins)	Dr. K. U Natarajan
Rebuttal (2 mins)	
Re rebuttal (2 mins)	
Conclusion	

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