



Cardiovascular Research Society



CVRS CARDIOLOGY UPTODATE 2024

— OCTOBER 5TH & 6TH, 2024 —

@ Hotel Le Méridien Kochi

**Simplifying guidelines for the day to day
practice for Physicians & Family Doctors**



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CVRS CARDIOLOGY UPTODATE-2024

SCIENTIFIC PROGRAMME

DAY 1 October 5 Saturday : 2.30pm-8pm

THE NEW AMMUNITIONS IN THE ARSENAL : 02.30 PM – 03.00 PM (30 MTS)

Chairpersons: Dr. Jimmy George, Dr. Renjukumar B. C

| | |
|---|------------------------|
| Role of finerenone in CKD and T2D | Dr. Jabir Abdullakutty |
| Hyperkalemia and the importance of RAASi optimization | Dr. Suresh Davis |

SESSION I: 3.00 PM - 4.00 PM (60 MTS) - HYPERTENSION

Chairpersons: Dr. Geetha Philips, Dr. Shajit Sadanand, Dr. Sreenivas Kamath

Moderator: Dr. Tiny Nair

Panelists:

Dr. Sajan Ahmad Z (Lead Discussant)

Dr. Saritha Sekhar, Dr. Shaveen E. V, Dr. Vijo George

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| Case based panel discussion (40 mins) |
| Chairpersons remarks + Audience interaction (5 mins) |

Focused topic:

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|---|---------------|
| “I still use betablocker as first line antihypertensive”- (10 mins) | Dr. Tiny Nair |
| Chairpersons summing up + Audience comments (5 mins) | |

4.00 PM - 4.15 PM (15 MTS) MEDGAMI QUIZ + TEA BREAK

SESSION II: 4.15 PM - 5.15 PM (60 MTS) - ATRIAL FIBRILLATION

Chairpersons: Dr. Saju Francis, Dr. Sunil Mathew, Dr. N. K Thulaseedharan

Moderator: Dr. Anandkumar V

Panelists:

Dr. James Thomas (Lead Discussant)

Dr. Gopakumar K. S, Dr. Manoj Ravi, Dr. Suresh Davis

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|--|
| Case based panel discussion (40 mins) |
| Chairpersons remarks + Audience interaction (5 mins) |

Focused topic:

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|---|---------------------|
| My choice of NOACS varies from patient to patient (10 mins) | Dr. Deepak Davidson |
| Chairpersons summing up + Audience comments (5 mins) | |

SESSION III: 5.20 PM – 5.40 PM (20 MTS) - ECG UPTODATE

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| Normal ECG variants in day to day practice (15 Mins) | Dr. Praveen S |
| Audience interaction & Medgami quiz (5 Mins) | |

SESSION IV: 5.45 PM – 6.55 PM (70 MTS) - HEART FAILURE

Chairpersons: Dr. Geo Paul, Dr. Legha R, Dr. Radha T. R

Moderator: Dr. Jayagopal P. B

Panelists:

Dr. Praveen G. K (Lead Discussant)

Dr. Krishnakumar A, Dr. Kiran Jacob, Dr. Teffy Jose

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| Case based panel discussion (40 mins) |
| Chairpersons remarks + Audience interaction (5 mins) |

Focused topic

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|--|--------------------|
| How to initiate and titrate heart failure drugs? (10 mins) | Dr. Harikrishnan S |
| Indian HF profile wheel (10 mins) | Dr. Jayagopal P. B |
| Chairpersons remarks + Audience interaction (5 mins) | |

SESSION V: 6.55 PM - 7.10 PM (15 MTS)

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|---|------------------|
| Tachyarrhythmia in casualty-quick diagnosis (10 mins) | Dr. Jimmy George |
| Audience interaction and Medgami quiz (5 mins) | |

SESSION VI: 7.15 PM – 8.00 PM (45 MTS) - CPC

Chairpersons: Dr. S. Harikrishnan, Dr. M. N Krishnan, Dr. Cibu Mathew

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|---|--------------------|
| An interesting case of Dyspnea | Dr. M. N Krishnan |
| Case discussion & Comments | Dr. Sudhayakumar N |
| Audience Interaction & Chair persons remarks (5 Mins) | |

8.00 PM GALA DINNER

BREAKFAST SCIENCE 08.15 AM- 09.00 AM (45 MTS)

| | |
|---|------------------------|
| Use the ARNi in HF- shed the inertia | Dr. Jabir Abdullakutty |
| Exploring the cardiometabolic horizon: Holistic management with GLP-1 RAs | Dr. Anandkumar V |
| Inclisiran the first LDL-C lowering SiRNA therapy | Dr. K. U Natarajan |

SESSION I: 9.00 AM – 10.00 AM (60 MTS) – CORONARY ARTERY DISEASE

Chairpersons: Dr. Jilse George, Dr. Nazimudheen, Dr. Renny Issac

Moderator: Dr. Sajy Kuruttukulam

Panelists:

Dr. Jo Joseph (Lead Discussant)

Dr. Deepak Nandan, Dr. Ramya Das, Dr. Sandeep R

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| Case based panel discussion (40 mins) |
| Chairpersons remarks + Audience interaction (5 mins) |

Focused topic:

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|--|----------------------|
| Should DAPT be deescalated during follow up? (10 mins) | Dr. Saji Subramanian |
| Chairpersons remarks + Audience interaction(5 mins) | |

SESSION II: 10.05 AM - 10.25 AM - ECG UPTODATE (20 MTS)

| | |
|---|-------------------|
| Unusual ECG patterns in MI (15 mins) | Dr. Sajan Ahmad Z |
| Audience interaction& Medgami Quiz (5 mins) | |

10.25 AM - 10.40 AM TEA BREAK

SESSION III: 10.40 AM – 11.40 AM (60 MTS) - PREVENT CVD

Chairpersons: Dr. Abraham Ittyachen, Dr. S. Narayanan Potty, Dr. M. G. K. Pillai

Moderator: Dr. Geevar Zachariah

Panelists:

Dr. Anil Balachandran, Dr. P. P Mohanan, Dr. K. Venugopal, Dr. Manikandan T. V

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| ABCs of a healthy heart (40 mins) |
| Chairpersons remarks + Audience interaction (5 mins) |

Focused topic

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|---|-------------------------|
| Dyslipdemia- Statins & Beyond (10 mins) | Dr. Rajesh Muralidharan |
| Chairpersons remarks + Audience interaction(5 mins) | |

SESSION IV: 11.40 AM - 11.55 AM - INAUGURATION

SESSION IV: 12.00 PM – 1.10 PM (70 MTS) – DILEMMAS IN DAILY PRACTICE

(Each talk 10 Mins) (Discussion 4 mins)

Chairpersons: Dr. Deepu George, Dr. Karthik Balachandran, Dr. T. Prasanna Kumar

Moderator: Dr. Jabir Abdullakutty

Expert Panelists : Dr. Manikandan T.V, Dr. G. Rajesh, Dr. Ullas C. S

| No | Scenario | Speaker |
|----|--|-----------------------|
| 1 | CAD patient on antiplatelets coming with dengue fever and falling platelet counts-how to manage? | Dr. Anil Balachandran |
| 2 | Renal failure and worsening Dyspnoea due to cardiac failure-how to manage? | Dr. Jo Joseph |
| 3 | 40-year-old female with strong family history of CAD coming with atypical chest pain- how to evaluate? | Dr. Praveen G. K |
| 4 | Patient with previous CVA recovered, having AF on NOAC now presenting with weakness of right half of body- how to proceed? | Dr. James Thomas |
| 5 | COPD patient undergone TKR having sudden worsening of dyspnoea- how to make a correct diagnosis? | Dr. Abhilash T. G |

SESSION V: 01.15 PM - 01.45 PM (30 MTS) - DEBATE

Chairpersons: Dr. Francy Louis, Dr. George Paulose, Dr. Sadakkathulla

| Mandatory OHA in diabetic patient with previous MI | |
|--|--------------------|
| My first choice is SGLT2 inhibitor (10 mins) | Dr. Cibi Issac |
| My first choice is GLP1 Agonist (10 mins) | Dr. K. U Natarajan |
| Rebuttal (2 mins) | |
| Re rebuttal (2 mins) | |
| Conclusion | |

Scientific Partners

