

Valentine Conclave

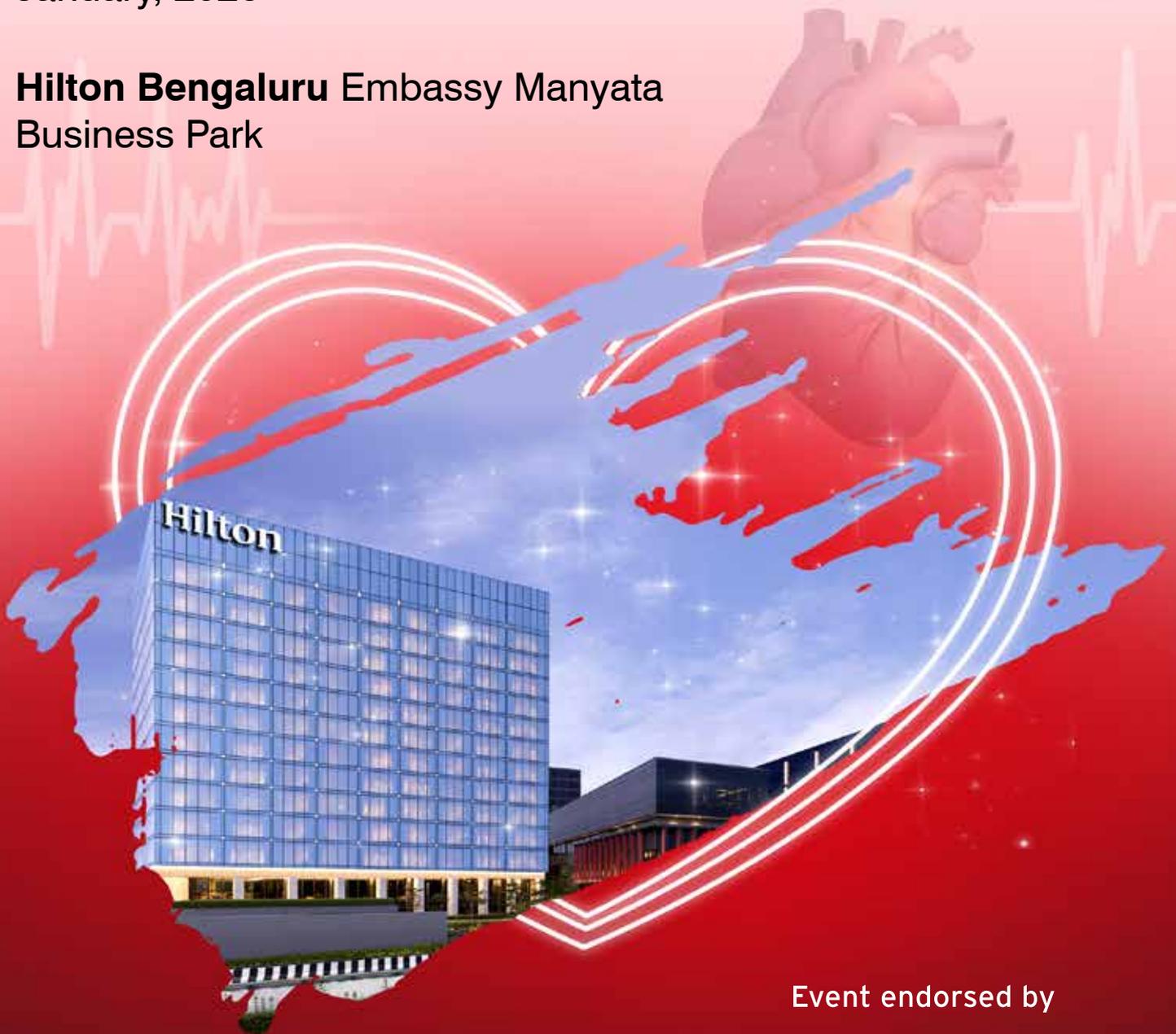
Organised by:



24th - 25th

January, 2026

**Hilton Bengaluru Embassy Manyata
Business Park**



Event endorsed by



Message

Dear Delegates,

We are delighted to welcome you to Valentine Conclave 2026, a landmark event dedicated to reshaping the future of heart failure care. Jointly organized by the Cardio Vascular Research Society (CVRS) and the Society for Heart Failure and Transplantation, the conclave will be held on 24th–25th January 2026 at the Hilton Bengaluru Embassy Manyata Business Park.

This two-day gathering brings together a dynamic community of clinicians, researchers, and innovators united by a common goal: advancing excellence in cardiovascular care. Through a curated program of expert-led sessions, hands-on workshops, and interactive panels, the conclave will spotlight the latest global guidelines, breakthrough interventions, and collaborative strategies that are driving real-world impact.

More than just a scientific meeting, Valentine Conclave 2026 is a platform to exchange ideas, foster innovation, and empower practice. As we address current challenges and explore forward-thinking solutions, we invite you to be an active participant in shaping the future of heart failure management.

Thank you for being an integral part of this transformative journey.



Jabir A
Co-Chairperson



Gianluigi Savarese
Co-Chairperson



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HFA
Heart Failure
Association

Invited International Faculty



Dr. Antonio Cannata
Clinical Research Fellow (HF)
King's College Hospital, London



Dr. G Savarese
Ass. Prof. of Cardiology
Karolinska Institutet



Dr. McMurray J
Prof. of Medical Cardiology
University of Glasgow



Dr. Stefano Masi
Professor of Internal Medicine
University of Pisa



Dr. Wilfried Mullens
President-Elect, Heart Failure
Association (HFA) of the ESC

Invited National Faculty



Dr. Abraham oommen
Consultant Cardiologist
Chennai



Dr. Aditi Singhvi
Adult Cardiologist
Narayana Health City, Bangalore



Dr. Ameet Sattur
Interventional Cardiologist
Sattur Heart Care, Hubballi



Dr. Amit Sharma
Interventional Cardiology
Holy Spirit Hospital, Mumbai



Dr. Ashwani Mehta
Consultant Cardiologist
Sir Ganga Ram Hospital, Delhi



Dr. Bhupen Desai
Consultant Cardiologist
Mumbai



Dr. Deepak Krishnamurthy
Consultant Cardiologist
KIMS Hospitals, Bengaluru



Dr. Girish Navasundi
Sr. Interventional
Cardiologist, Bengaluru



Dr. Hetan Shah
Interventional Cardiologist
Mumbai



Dr. Jabir Abdullakutty
Consultant Cardiologist
Cochin



Dr. Johann Christopher
Interventional Cardiology
CARE Hospitals, Hyderabad



Dr. Keshavamurthy CB
Interventional Cardiologist
Manipal Hospital, Bengaluru



Dr. Mahantesh RC
Interventional Cardiologist
Tathagat Heart Hospital, Bengaluru



Dr. Nagesh H. E.
Consultant Cardiologist
Manipal Hospital, Bengaluru



Dr. Panchanan Sahoo
Interventional Cardiologist
KIMS, Bhubaneswar



Dr. P R Sinha
Interventional Cardiologist
BPS Heart Clinic, Varanasi



Dr. Prakash Ajmera
Interventional Cardiologist
Hyderabad



Dr. Prashant Pawar
Hiranandani Fortis Hospital
Mumbai



Dr. Rakesh P Gopal
Interventional Cardiologist
Apollo Hospitals, Chennai



Dr. Rajiv Karnik
Interventional Cardiologist
Mumbai



Dr. Samir Kubba
Interventional Cardiologist
Delhi



Dr. Sanjay Bhat
Interventional Cardiologist
Aster CMI Hospital, Bengaluru



Dr. Santosh K.
Interventional Cardiologist
Mysuru



Dr. SC Mondal
Interventional Cardiologist
KM Hospital, Kolkata



Dr. Sunil Sathe
Interventional Cardiologist
Pune



Dr. Sunip Banerjee
Interventional Cardiologist,
Ruby General Hospital, Kolkata



Dr. Uday Jadhav
Clinical Cardiologist
MGM Hospital, Mumbai



Dr. UK Saha
Interventional Cardiologist
Kolkata



AGENDA

DAY 1 – JANUARY 24th-2026

Time	Topic	Speakers	Panelist
15:00 - 15:15	Greetings and introduction to the congress	Course Co-ordinaros (IN) Dr. Jabir Abdullakutty Dr. Girish Navasundi Dr. Ashwani Mehta Dr. Uday Jadhav & International Speakers	
15:15 - 15:35	Lecture 1: Treating HF in 2025: Lessons from the ESC guidelines	Dr. Girish Navasundi	Dr. Mullens W
15:35 - 15:55	Lecture 2: Ejection Fraction in Heart Failure: From Classification to Clinical Action	Dr. Mullens W (BE)	Dr. Jabir Abdullakutty Dr. PR Sinha Dr. SC Mondal
15:55 - 16:00	Q&A		
Session 1: GDMT uptake in real-world heart failure			
16:00 - 16:15	The sizes of the problem: status of GDMT implementation worldwide	Dr. Sunip Banerjee	
16:15 - 16:30	Strategies for GDMT implementation: targeting the physician and the healthcare system	Dr. Savarese G (SE)	Dr. Savarese G (SE) Dr. Ashwani Mehta Dr. Prashant Pawar Dr. Prakash Ajmera
16:30 - 16:45	Adherence: a therapeutic target in heart failure?	Dr. Keshavamurthy CB	
16:45 - 17:00	Q&A	All	
17:00 - 17:15 Coffee Break			
17:15 - 17:35	Lecture 3: Optimising antihypertensive therapy in HF - Practical considerations	Dr. Samir Kubba	Dr. Mc Murray Dr. Ashwani Mehta Dr. Jabir Abdullakutty Dr. Amit Sattur Dr. Hetan Shah
17:35 - 17:40	Q&A		
Session 2: Advances in Heart Failure: A 2025 Update			
17:40 - 17:55	DIGIT-HF	Dr. Santosh K.	
17:55 - 18:10	DAPA-ACT HF-TIMI 68	Dr. Antonio Cannata	Dr. Savarese G Dr. Girish Navasundi
18:10 - 18:25	VICTOR & VICTORIA+VICTOR pooled analysis	Dr. McMurray J (UK)	Dr. Panchanan Sahoo Dr. UK Saha
18:25 - 18:40	Q&A	All	
18:40 - 19:00	Lecture 4: Targeting heart rate in patients with heart failure	Dr. Savarese G	Dr. Savarese G Dr. Girish Navasundi Dr. Jabir Abdullakutty Dr. Panchanan Sahoo
19:00 - 19:10	Q&A		Dr. UK Saha
19:10 - 19:30	Closure of the day		



AGENDA

DAY 2 – JANUARY 25th-2026

Time	Topic	Speakers	Panelist
9:25 - 9:30	Greetings and introduction to the second day	Dr. Uday Jadhav Dr. Savarese G (SE)	
Session 3: Decoding HFpEF: which therapeutic implications?			
9:30 - 9:50	HFpEF: one disease or many faces?	Dr. Rakesh P Gopal	Dr. Stefano Masi Dr. Uday Jadhav Dr. Nagesh H. E. Dr. Bhupen Desai Dr. Rajiv Karnik
9:50 - 10:10	Obesity: a therapeutic target in HF?	Dr. Stefano Masi	
10:10 - 10:30	MRA in HFpEF: steroidal or non-steroidal?	Dr. Antonio Cannata	
10:30 - 10:50	Q&A	All	
10:50 - 11:10	Lecture 5: The Evidence Behind ARNI: Why Sacubitril/Valsartan Matters	Dr. McMurray J (UK)	Dr. MC Murray Dr. Mullens W Dr. Girish Navasundi Dr. Nagesh H. E Dr. Rajiv Karnik
11:10 - 11:20	Q&A		
11:20 - 11:40	Lecture 6: Cardiorenal interactions in heart failure	Dr. Mullens W (BE)	
11:40 - 11:50	Q&A		
11:50 - 12:00 Coffee Break			
12:00 - 12:20	Lecture 7: Address the etiology: implementing lipid-lowering strategies in patients with ischemic heart failure	Dr. Stefano Masi (IT)	Dr. Stefano Masi (Moderator) Dr. PR Sinha Dr. Amit Sharma Dr. Mahantesh RC Dr. Sanjay Bhat
12:20 - 12:40	Q&A		
12:40 - 13:00	Round Table - One Lipid Strategy Fits All: Exploring the Gender specific Pathways to Heart Failure		
Session 4: Congestion and Complex Cardiomyopathies			
13:00 - 13:15	Congestion in Congestive heart failure	Dr. Sunil Sathe	Dr. Mullens W (BE) Dr. Uday Jadhav Dr. Bhupen Desai Dr. Deepak Krishnamurthy
13:15 - 13:30	Cardiac amyloidosis	Dr. Aditi Singhvi	
13:30 - 13:45	Recent updates on management on Hypertrophic cardiomyopathy	Dr. Johann Christopher	
13:45 - 14:00	Optimizing outcomes in heartfailure-Valvular Heart Disease	Dr. Abraham oommen	
14:00 - 14:10	Q&A		
14:10 - 14:25	Concluding Remarks & Vote of thanks	Course Coordinator & Savarese G (SE)	



This programme is supported by:

